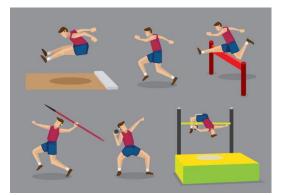
JOIN THE MIRALESTE BOOSTER

TRACK & FIELD CLUB



During Track and Field athletes will learn about the different events that Track and Field has to offer. Athletes will have a chance to try many of these events, and then they will choose which event(s) they want to focus on. We will also learn about pacing for different lengths of races, and techniques for racing various distances. Athletes will meet on the blacktop at 3:15 before warming-up, and we will end at 4:30. We will primarily be at the Track for practice.

DATES: TUESDAY & THURSDAYS

MARCH 25^{TH} – MAY 22^{ND}

TIME: 3:15 – 4:30 p.m.

LOCATION: Blacktop

COACH: CHRISSY HAMBEL-RUSIN

PRICING: \$140 Booster Club Members / \$160 Non-Members

To sign up online go to the **mis.pvpusd.net** webpage. Click on booster club link. Scroll down to the after school club link. Click on link and sign up for the club and complete the permission forms.

Pay by Cash or Check. Make checks payable to: **Miraleste Booster Club**. Place you students name and club name on check description. Bring to Ms. Buono in the front office for receipt.

To pay by Credit Card, please email <u>buonot@pvpusd.net</u> for a payment link.

• Participants should show up dressed in proper attire and shoes.

- Participants must cooperate with the coaches and follow directions and plans.
- Participants can be dropped from the program for failure to follow the rules and directions of the coaches. No refund will be provided If rules are not followed.
- Refunds will be given if the minimum number of students for the program is not reached.
- Refunds can be given to any participant who has an injury or prolonged illness if a doctor's note is provided.

*suggested donation to support club offerings and costs. Financial support is available. Please contact <u>boosterpresmis@gamil.com</u> for more information.